

Addictions

Adult Mental Health and Addictions Services, Community Addiction Services

Ph: (306) 655-7777

156-122 3rd Avenue North, Saskatoon, SK S7K 2H6

Services for substance abuse/dependency (18 yrs. +) persons and/ or family and friends. Brief detox, social detox, screening, assessment including recovery planning, referral, and outpatient recovery services. Methadone-assisted recovery program and problem gambling services. For children and youth, please see MHAS, Child, and Youth Services.

Adult Family Program - Mental Health & Addictions Services

Ph: (306) 665-7777

2302 Arlington Avenue, Saskatoon, SK S7J 3L3

Provides educational groups and individual support for families affected by someone else's mental illness, substance abuse/use or gambling concerns.

Al-Anon – Al-Ateen

Ph: (306) 665-3838

24-hour Message manager

601 Spadina Crescent East, Saskatoon, SK S7K 3J8

(Group locations vary)

A non-professional self-help recovery program based on the 12 steps of Alcoholics Anonymous with the single purpose of helping families and friends of alcoholics. This is an anonymous and spiritual program compatible with all religious or non-religious beliefs.

Alcoholics Anonymous (AA)

Ph: (306) 665-6727

www.aasaskatoon.org

515 245 3rd Avenue South, Saskatoon, SK S7K 1M4

One alcoholic helping another recovering from alcoholism, using the 12-step program of Alcoholics Anonymous. The only requirement is a desire to stop drinking.

Brief and Social Detox - Mental Health & Addictions Services

Ph: (306) 655-4195 (24hrs) Fax: (306) 655-4196

201 Avenue O South, Saskatoon, SK S7M 2R6

A safe environment for anyone coming off alcohol and/or drugs. They are a detoxification service where clients can stay from 5-7 days. Following their stay, clients will receive an outpatient referral to Addictions Services in their home health district.

Addictions

Calder Center

Ph: (306) 655-4500 (24hrs) Fax: (306) 655-4545

2003 Arlington Avenue, Saskatoon, SK S7K 2H6

Offer a 4-week in-patient treatment program for adults and youth (ages 14+) who are struggling with alcohol or drug addiction. Programming includes school for youth, group sessions, counselling, recreation time, etc.

Child and Youth Mental Health and Addiction Services

Ph: (306) 655-7802

715 Queen Street, Saskatoon, SK S7K 4X4

Provides individual, family and group counselling and therapy with nurses, psychiatrists, psychologists, addiction counsellors and social workers.

Individuals/parents may self-refer. Referrals are also accepted from a third party.

Christian Counselling Services

Ph: (306) 244-9890

www.saskatoonccs.com

617 - 3rd Avenue North, Saskatoon, SK S7K 2J8

Counselling is available for marriage, family, individual, addictions, stress, abuse, depression, parenting, co-dependency, women's & seniors' issues, and grief.

Community Addictions Prevention Program (CAPP)

Saskatoon Tribal Council: Health & Family Services

Ph: (306) 956-6100 Fax: (306) 956-3268

www.sktc.sk.ca/corporations/stc-health-family-services.inc/

200- 335 Packham Ave, Saskatoon, SK S7N 4S1

Provides individualized holistic comprehensive addiction services related to alcohol/drug use, prescription drugs, inhalants, tobacco, and gambling addictions.

Family Service Saskatoon

Ph: (306) 244-0127 Fax (306) 244-1201

www.familyservice.sk.ca

102 506 25th Street East, Saskatoon, SK S7K 4A7

Offers individual, couple, child, and family counselling to the community. Special programming: Teen and Young Parents, Youth Exposed to Violence, Abuse and Beyond for women, Invisible Scars for women, and other educational and therapy groups addressing perceived community needs. Variable fee for services.

Addictions

FASD Support Network of Saskatchewan Inc.

Ph: (306) 975-0886 Fax (306) 975-0853 1-866-673-3276 (Toll Free)

www.skfasnetwork.ca

200 - 510 Cynthia Street, Saskatoon, SK S7K 7L7

The network is a parent-led provincial organization dedicated to increasing awareness of and providing accurate information about Fetal Alcohol Spectrum Disorder (FASD). The network's Family Support Program is a voluntary program that supports families who are living with FASD by using a case-planning method to achieve goals identified by the family.

Gamblers Anonymous

Toll Free: 1-855-781-9522

<http://www.gamblersanonymoussaskatchewan.org/>

Various locations

The number will provide you with someone to speak with 24 hours a day. A self-help 12-step program to share information and provide support to individuals with a gambling addiction.

Kanaweyimik Child & Family Services Inc

Ph: 306-445-3500 Toll Free: 1-888-445-5262

www.kanaweyimik.com

91 23rd St W, Battleford, SK S0M 0E0

Requires Ministry referral. For women whose children are in care with the Ministry of Social Services (MSS)

McLeod House

Ph: (306) 665-0425 Fax (306) 665-0428

www.cumfi.org

315 Ave M S, Saskatoon, SK S7M 2K5

A transitional home for men recovering from addictions. Referrals come from Larson House, treatment centers and self-referrals. Weekly case management meetings, in-house programming, seminars, workshops, AA groups, referrals and outreach are all part of the services offered. McLeod House is a partnership between Saskatoon Health Region –

Mental Health & Addictions Services and Central Urban Metis Federation Inc. Metis Addictions Council of Saskatchewan (MACSI)

Ph: (306) 652-8951 Fax (306) 665-0703 Toll free: 1-877-652-8951

rdsaskatoon@macsi.ca

www.macsi.ca

335 Avenue G South, Saskatoon, SK S7M 1V2

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A rehabilitation program for people 18 years and over recovering from alcohol or drug addiction. They offer a 28-day in-patient treatment program using the 12-step program. Participants attend outside AA or NA meetings while in treatment.

This program also offers an aboriginal healing component.

Narcotics Anonymous

Ph: (306) 652-5216 (information line)

Meeting locations vary

NA is a group of recovering addicts who meet regularly to motivate each other to stay clean. The program uses the 12-step program from Alcoholics Anonymous. Meetings are open to everyone.

Niwaapatahanannik (NIWA)

Ph: (306) 975-9999 Fax: (306) 975-9156

cumfiadmin@sasktel.net

<https://www.cumfi.org/coming-home-program>

NIWA is a Fostering Families home for single parents and two-parent families who have children placed in foster care with MSS or who are at risk of placement. Programming offered includes creating healthy lifestyles, relationship building, positive parenting, life skills, mental health, addictions, educational assessment, career counselling and recreational activities.

Possibilities Recovery Centre

Ph: (306) 242-7023

<https://possibilitiesrecovery.ca/>

3711 Thatcher Ave, Saskatoon, SK

Outpatient recovery center.

Problem Gambling Help Line

Ph: 1-800-306-6789 (24 hr – does not subscribe to call display)

Text 1-306-400-2785 (7 Days a Week: 7PM- Midnight)

<https://www.spgh.ca/>

Telephone assessment, information, and referral for either the problem gambler themselves, or family and friends. They offer province-wide referrals to support groups, problem gambling counsellors, and treatment alternatives.

Saskatchewan Prevention Institute

Ph: (306) 651-4300 Fax: (306) 651-4301

info@skprevention.ca

<https://skprevention.ca/>

319 Colony Street, Saskatoon, SK S7N 2Z1

Addictions

Focuses on primary prevention. Program areas of disabling conditions in children include Alcohol, Tobacco and Other Drugs, Reproductive Health, Childhood Injury Prevention, Parenting Education, Prenatal and Infant Health, and Neglect and Abuse.

Saskatoon Tribal Council – Urban Services Creative Healing for Urban Members (CHUMS)

Ph: (306) 659-4500 Fax (306) 659-2206

www.sktc.sk.ca

200-335 Packham Ave, Saskatoon, SK S7H 5K6

The Creative Healing for Urban Members (CHUMS) programs work to increase opportunities to strengthen individuals and families, to empower them to improve the quality of their personal and family life. The curriculum is designed to strengthen and heal individuals and families overcome by trauma and abuse.

Saskatoon Tribal Council – Urban Services Providers of Aboriginal Life Supports (PALS)

Ph: (306) 659-2500 Fax (306) 659-2206

www.sktc.sk.ca

2010 7th Street, Saskatoon SK, S7H 5K6

Providers of Aboriginal Life Supports (PALS) includes a range of family-centered strategies, including in-home visitation, advocating for improved conditions for families, stabilizing those in crisis, reunifying those who are separated, building new families, and connecting families to the resources that will sustain them in the future. The goal is to support at-risk families to avoid apprehension of their children.

Westside Community Clinic

Ph: (306) 664-4310 Fax (306) 934-2506

saskatooncommunityclinic.ca

1528 - 20th Street West, Saskatoon, SK S7M 0Z6

Primary health care services including physician, nurse practitioner, nurse, and counselling services.

YWCA of Saskatoon - Crisis Shelter & Residence

Ph: (306) 244-2844

www.ywcasaskatoon.com

510 25th Street East, Saskatoon, SK S7K 4A7

Provides shelter and supports to women, children, and youth at risk through the Crisis Shelter and Turning Points. Offering employment and learning, health and wellness, and childcare.