

# ADDICTIONS

## **Calder Center**

(306) 655-4500 (24hrs)

Fax (306) 655-4545

2003 Arlington Avenue S7K 2H6

Offer a 4 week in patient treatment program for adults and youth (ages 14 +) who are struggling with alcohol or drug addiction. Programming includes school for youth, group sessions, counselling, recreation time, etc.

## **Adult Family Program-Mental Health & Addictions Services**

(306) 665-7777

2302 Arlington Avenue S7J 3L3

Provides educational groups and individual support for families affected by someone else's mental illness, substance abuse/use or gambling concerns.

## **Al-Anon – Al-Ateen**

(306) 665-3838

24 hour Message manager

601 Spadina Crescent East S7K 3J8

(Group locations vary)

A non professional self help recovery program based on the 12 steps of Alcoholics Anonymous with the single purpose of helping families and friends of alcoholics. This is an anonymous and spiritual program compatible with all religious or non- religious beliefs.

## **Alcoholics Anonymous (AA)**

(306) 665-6727

[www.aaskatoon.org](http://www.aaskatoon.org)

515 245 3rd Avenue South S7K 1M4

One alcoholic, helping another recovering from alcoholism, using the 12-step program of Alcoholics Anonymous. The only requirement is a desire to stop drinking.

### **Christian Counselling Services**

(306) 244-9890

[www.saskatoonccs.com](http://www.saskatoonccs.com)

617 3rd Avenue North S7K 2J8

Counselling available for marriage, family, individual, addictions, stress, abuse, depression, parenting, co-dependency, women's & senior's issues and grief.

### **Community Addictions Prevention Program (CAPP)**

Saskatoon Tribal Council:

Health & Family Services

(306) 956-6100 Fax (306) 956-3268

[www.sktc.sk.ca/corporations/stc-health-family-services.inc/](http://www.sktc.sk.ca/corporations/stc-health-family-services.inc/)

200- 335 Packham Ave. S7N 4S1

Provides individualized holistic comprehensive addiction services related to alcohol/drug use, prescription drugs, inhalants, tobacco and gambling.

Addictions

### **Family Service Saskatoon**

(306) 244-0127 Fax (306) 244-1201

[www.familyservice.sk.ca](http://www.familyservice.sk.ca)

102 506 25th Street East S7K 4A7

Offers individual, couple, child and family counselling to the community. Special programming: Teen and Young Parents, Youth Exposed to Violence, Abuse and Beyond for women, Invisible Scars for women, educational and therapy groups addressing perceived community needs. Variable fee for services.

### **FASD Support Network of Saskatchewan Inc.**

(306) 975-0886 Fax (306) 975-0853

1-866-673-3276

[www.skfasnetwork.ca](http://www.skfasnetwork.ca)

200 – 510 Cynthia Street S7K 7L7

The network is a parent-led provincial organization dedicated to increasing awareness of and providing accurate information about Fetal Alcohol Spectrum Disorder (FASD). The network's Family Support Program is a voluntary program that supports families who are living with FASD by using a case planning method to achieve goals identified by the family.

**Gamblers Anonymous**

1-855-781-9522

<http://www.gamblersanonymoussaskatchewan.org/>

Various locations

The number will provide you with someone to speak with 24 hours a day. A selfhelp 12 step program to share information and provide support to individuals with a gambling addiction.

**Kanaweyimik Home**

Ph: 306-975-9999 Fax (306) 975-9156

Requires Ministry referral. For women whose children are in care with the Ministry of Social Services (MSS)

Brief and Social Detox

**Mental Health & Addictions Services**

(306) 655-4195 (24hrs)

Fax (306) 655-4196

201 Avenue O South S7M 2R6

A safe environment for anyone coming off from alcohol and/or drugs. They are a detoxification service where clients can stay from 5-7 days. Following their stay, clients will receive an outpatient referral to Addictions Services in their home health district.

**LiveWell Craving Change Education Program**

(306) 655-5483 Fax (306) 655-6758

Group sessions for individuals who deal with emotional problematic eating struggling to maintain healthy eating habits. Goal is to identify personal triggers for problematic eating and learn strategies to change problematic eating behaviours.

**McLeod House**

(306) 665-0425 Fax (306) 665-0428

[www.cumfi.org](http://www.cumfi.org)

A transitional home for men

recovering from addictions. Referrals come from Larson House, treatment centers and self-referrals. Weekly case management meetings, in- house programming, seminars,

workshops, AA groups, referrals and outreach are all part of the services offered. McLeod House is a partnership between Saskatoon Health Region – Mental Health & Addictions Services and Central Urban Metis Federation Inc.

### **Adult Mental Health and Addictions Services, Community Addiction Services**

(306) 655-7777

156-122 3rd Avenue North S7K 2H6

Services for substance abusing/ dependent (18 yrs. +) persons and/ or family and friends. Brief detox, social detox, screening, assessment including recovery planning, referral, and outpatient recovery services. Methadone assisted recovery program and problem gambling services. For children and youth, please see MHAS, Child and Youth Services.

### **Metis Addictions Council of Saskatchewan (MACSI)**

(306) 652-8951 Fax (306) 665-0703

Toll free: 1-877-652-8951

[www.macsi.ca](http://www.macsi.ca)

335 Avenue G South S7M 1V2

A rehabilitation program for people 18 years and over recovering from alcohol or drug addiction. They offer a 28 day in patient treatment program using the 12-step program. Participants attend outside AA or NA meetings while in treatment. This program also offers an aboriginal healing component.

### **Narcotics Anonymous**

(306) 652-5216 (information line) Meeting locations vary

A group of recovering addicts who meet regularly to help each other stay clean. The program uses the 12-step program from Alcoholics Anonymous. Meetings are open to everyone.

### **Niwaapatahanannik (NIWA)**

<https://www.cumfi.org/coming-home-program>

(306) 975-9999 Fax (306) 975-9156

NIWA is a Fostering Families home for single parent and two parent families who have children placed in foster care with MSS or who are at risk of

placement. Programming offered includes creating healthy lifestyles, relationship building, positive parenting, life skills, mental health addictions, educational assessment, career counselling and recreational activities.

Addictions

**Problem Gambling Help Line 1-800-306-6789** (24 hr – does not subscribe to call display)

Telephone assessment, information, and referral for either the problem gambler themselves, or family and friends. They offer province wide referrals to support groups, problem gambling counsellors, and treatment alternatives.

### **Saskatchewan Prevention Institute**

(306) 651-4300 Fax (306) 651-4301

<https://skprevention.ca/>

319 Colony Street S7N 2Z1

Focuses on primary prevention. Program areas of disabling conditions in children include: Alcohol, Tobacco and Other Drugs, Reproductive Health, Childhood Injury Prevention, Parenting Education, Perinatal and Infant Health, and Neglect and Abuse.

### **Child and Youth Mental Health and Addiction Services**

(306) 655-7802 Fax

715 Queen Street S7K 4X4

Provides individual, family and group counselling and therapy with nurses, psychiatrists, psychologists, addiction counsellors and social workers.

Individuals/parents may self refer. Referrals are also accepted from a third party.

### **Saskatoon Tribal Council – Urban Services**

#### **Creative Healing for Urban Members (CHUMS)**

(306) 659-2500 Fax (306) 659-2206

[www.sktc.sk.ca](http://www.sktc.sk.ca)

2010 7th Street S7H 5K6

The Creative Healing for Urban Members (CHUMS) programs work to increase opportunities to strengthen individuals, and families, to empower them to improve the quality of their personal and family life. Our principles incorporate values that are common across many Aboriginal cultures as core concepts in its programming.

**Saskatoon Tribal Council – Urban Services  
Providers of Aboriginal Life Supports (PALS)**

(306) 659-2500 Fax (306) 659-2206

[www.sktc.sk.ca](http://www.sktc.sk.ca)

2010 7th Street S7H 5K6

Providers of Aboriginal Life Supports (PALS), includes a range of family- centered strategies, including in home visitation, advocating for improved conditions for families, stabilizing those in crisis, reunifying those who are separated, building new families, and connecting families to the resources that will sustain them in the future. Our goal is to support at risk families avoid apprehension of their children.

**Westside Community Clinic**

(306) 664-4310 Fax (306) 934-2506

[saskatooncommunityclinic.ca](http://saskatooncommunityclinic.ca)

1528 20th Street West S7M OZ6

Primary health care services including physician, nurse practitioner, nurse and counselling services.

**YWCA of Saskatoon**

(306) 244-2844 Fax (306) 653-2468

[www.ywcasaskatoon.com](http://www.ywcasaskatoon.com)

510 25th Street East S7K 4A7

Provides shelter and supports to women, children and youth at risk through the Crisis Shelter and Turning Points.

Offering employment and learning, health and wellness, and childcare.