



family
service
SASKATOON

2013-2014 Annual Report

Planting Seeds, Encouraging Growth and Nurturing Success

Mission Statement

Family Service Saskatoon offers programs, services and leadership, which develop and support individuals, families and communities to have safe, healthy and respectful relationships.

Core Values

We value:

Accessibility of our services to all people on an equitable basis without regard to race, religious belief, sexual orientation, age or financial status

Individuals, families and communities and our focus is to promote their health and growth through innovative, diverse and high quality services

Client entitlement and empowerment using a holistic, collaborative and gender-sensitive approach in the provision of services

Our professionalism, the high ethical standards it demands, and the related commitment to professional development of staff and students

Cooperative partnership with other non-profit organizations, public sector agencies and businesses for the purpose of fulfilling our mission

The role of volunteers in our organization and we are committed to their training, supervision and support

A working environment that is non-hierarchical, collegial, and family-friendly

Message from the Board of Directors

As I reflect on my past year as Chair of Family Service Saskatoon two words come to mind which at first glance seem incongruent with one another. The first word that leapt to mind was transition. In this year as we said good bye to Deborah Bryson-Sarauer, our Executive Director, and began the search for our new Executive Director, energy of the board and the staff was directed towards dealing with or managing that transition in some form or another. The second word that came to mind is "rooted". It was through the process of facing the uncertainties of this transition that I came to appreciate how rooted Family Service Saskatoon is in the community of Saskatoon. For over 80 years this agency has built a solid reputation of professionalism and integrity as it delivers programs to strengthen and support individuals and families with a view to building a better community. The programs that we offer and the staff that deliver them are a valued part of the Saskatoon Community. We are known and appreciated in the community as a dependable, reliable resource regardless of the transitions that we face.

I am pleased to report that although the Performing Arts for Youth program had been threatened with cancellation for lack of funding, the board of the Agency and the board of the Foundation, inspired by the passion and drive of a few key people, worked collaboratively to ensure the continuation of that program this past year. Work continues towards the long term sustainability of that program.

I would like to take this opportunity to thank the staff of Family Service Saskatoon. The respect that this agency holds in the community is directly connected to the passion that you display, and the professionalism and expertise that you bring, to the work that you do.

I would particularly like to express the gratitude of the Board of Directors to Bernie Holzer and Lyn Brown. As Acting Executive Director, Bernie Holzer has, with great finesse and additional personal commitment, managed to steer the agency through the choppy waters of transition. As Operations Manager, Lyn Brown also made additional personal commitment to support our Acting Executive Director, the Board and staff in this time of transition. Thank you to you both.

I would like to thank everyone on the Board of Directors many of whom were new to the Agency Board this year. Thank you for volunteering your time, energy and expertise. This past year you have shown commitment and leadership and have made the job of being Chair much easier.

On behalf of the Board of Directors and everyone at the Agency, I would like to thank all those who support the efforts of Family Service Saskatoon as we deliver services and programs to Saskatoon and surrounding communities. You have our commitment to strive to make Saskatoon a nurturing and supportive community for individuals and families.

Connie den Hollander

Connie den Hollander
Chair



2013/2014 Board Of Directors

Chair

Connie den Hollander

Vice-Chair

Pat Harcolt-Peever

Treasurer

Karla Whitford

Directors

Mitch Anderson

Jeff Braid

Brian Chartier

Edith Conacher

Dan Folk

Courtney Gilmour

Wendy Johnston

Deb Jurgens

Ashraf Mir

Fred Reibin

Michelle Robstad

Prabha Vaidyanathan

Executive Team

Deborah Bryson-Sarauer
Bernie Holzer
Julie Hershey
Lyn Brown

Administrative Team

Kim Cisecki
Morgan Darbellay
Dwayne Main
Deb McHenry
Joanna Unger

Counsellors

Leslie Allaby
Brandy Bayda
Ryan Bilanski
Jessi Brockman
Ally Clarke
Anna Cragg-Nagy
Bev Digout
Janette Gamble
Alana Gardiner
Holly Graham-Mars
Jody Hanson
Katherine Harriman
Julie Hershey
Susan Hossack
Myrna Kanigan
Pat Keyser
Meghan Lechner
Curtis Mills
Paula McPherson
Rosanne Morphy
Myron Peters
Debra Ross
Faith Rowland
Leanne Sillers
Maureen Walker
Edwardine Ward

Contract Counsellors

Nahid Ahmad
Donna Bretell
Hélène Davis
Jessica Fox
Nikki Gerrard
Judy Graham
Klaus Gruber
Sherrie Gurel
Nayyar Javed
Elinor Keter
Pat Matheson
Debra Roth
Judy White

Support Workers

Tristan Banyay
Diana Berger
David Brown
Rebecca Donahue
Sarah Drimmie
Terry Fiddler
Mackenzie Gieg
Sam Geortz
MacKenzie Hannah
Merryn Highway
Jessica Hoehn
Jenna Jarvis
Stephanie Kindrachuk
Joeleane Klassen
Gisele Lee
Natalina Lensen
Andrew McLeod
Rebecca Mosterd
Cathy Palfy
Monique Paradis
Eva Reddekopp
Colette Robichaud
Jessica Schreffler
Robin Sipko
Lori Skjeie
Taylor Sutherland
Bayani Trinidad
Stephanie Turtle
Heather Whatcott
Samantha Wooden
Nicole Yamchuk

Performing Arts For Youth Team

Emily Alston-O'Connor
Casey Bartzen
Amber Bellgarde
Ryan Bilanski
Adam Day
Bob Fribance
Tyrone Graham
Amara Hoffman
Jamey Hughton
Brad Mayer
Evan Merasty
Kelli Olson
Angela Peters
Brad Peters
Charlie Peters
Jeremy Randell
Kendra Shewchuk
Jacinda Scott
Emma Thorpe
Paul Voisard
Deseree Wiebe



Childcare Workers

Rebecca Ashton
Shelly Bazowski
Diana Berger
Elyse Campbell
Natalie Dick
Samantha den Hollander
Adrienne Hoehn
Daya Kaur
Michelle McAllister
Anna Pederson
Gisele Plamondon
Zahra Rezazadehmira
Jessica Schreffler
Januka Sharma
Bailey Smith
Jenna Struck
Karly Struck
Sarah Struthers
Rianne Worobec

Students

Prachi Bandivadekar
Jason Chadney
Tanis Cheston
Christine Dumais
Kathrynann James-Loth
Paula Kessler
Nicole Misura
Brett Polkinghorne
Norine Shewchuk
Kayla Truswell

2013/2014 Staff Members



A Message From Us

Family Service Saskatoon is a place of change, adaptation and growth, as it has been for its more than eighty years. When I came to work at Family Service Saskatoon in 1999 there were thirteen employees. At the end of this fiscal year there were twenty-nine. In 1999, there were a few contract employees, now there are between 70 and 80 at any given time, depending upon need. In keeping with the metaphor of our annual report, this year too, has been one of growth and development, tending to our existing programs and preparing for new ones.

In 2013 /2014 it was our management team that underwent the most change. Deborah Bryson-Sarauer set our landscape for the first nine months of the year, then in January 2014 she began her version of a retirement. On behalf of all the staff at FSS, I want to emphasize our appreciation for her hard work and commitment to us, and to our agency's work. The very best in the future, Deborah!

In April 2013, we welcomed Lyn Brown to the position of operations manager, and in July 2013, Julie Hershey's job description changed to include half time clinical supervision. Beyond that, staffing has been very constant, with changes being about maternity leaves and filling newly created positions.

As I reviewed the last year and its many highlights, it became clear to me that there was a theme running throughout the work we did. The year's projects or changes that were highlights, all contained strong partnerships. We have made many new, different, creative connections, while holding and nurturing our existing affiliations. We increased our support of, and involvement with other services, and they, in turn, returned the favour. Through partnership we became stronger, and we strengthened, built and nurtured our community.

Thank you to all who have contributed to a successful year. We are looking forward to continued progress in 2015.

Bernie Holzer
Acting Executive Director

2013/2014 was a year of...

TREMENDOUS
Growth

Cultivating New
COMMUNITY
Connections &
Partnerships

NEW IDEAS
Sprouting &
Blossoming

All while nurturing individuals & families and staying true to Family Service Saskatoon's roots.



Lyn Brown, Operations Manager, Bernie Holzer, Acting Executive Director, Julie Hershey, Clinical Supervisor

Growing a Better Community...

Programs and services continue to thrive and grow, always striving to meet the needs of our growing and changing community.

150+

IPV drop in group sessions.

The Intimate Partner Violence Outreach Program

provides individuals affected by intimate partner violence a place to come for confidential support in a safe and secure environment. The IPV team provides unique individualized crisis support and runs 3 weekly drop-in groups for women affected by intimate partner violence.

2375

individuals accessing DVC services.

The Domestic Violence Court Caseworkers

ensure that victims of domestic violence are supported from the point of first contact to the complete resolution of their abuser's court case. Court caseworkers provide court updates, trial support, advocacy, and other services relating to domestic violence court.

15

Men supported to end their violence towards their partners.

Invitation to Responsibility: Fostering Respectful Relationships

is a narrative therapy program designed to help support men who want to end their violence and build healthier intimate relationships. The narrative therapy group creates conversations with men about their values as well as their knowledge and skills to stop abuse and build respectful relationships.

1500

Parent directories distributed throughout Saskatchewan and made available online.

Parenting Education Saskatchewan

links parenting services across the province and provides support and information to people working in the field of parenting education through opportunities such as networking meetings and workshops.

The Child and Youth Support Program

is funded by the Ministry of Social Services and is driven by the commitment of workers to provide positive and stable relationships with children and youth. Workers spend time with children building the young people's social skills, increasing recreational opportunities, and improving the quality of their peer interactions.



384

Teen and Young Parent sessions.

1820

Community Client sessions.

35

Performing Arts students enrolled.

72

Youth Exposed to Violence program participants.

2000+

Free childcare hours provided to allow parents to attend groups.

The Teen and Young Parent Program

provides services to parents under the age of 30 and includes family support and counselling as well as a value-based group that focuses on attachment and developing skills so participants can be the best parents they can be. Staff liaises with schools, other community based organizations, and government ministries to promote awareness of healthy relationships.

Community Wellness and Counselling

operates on a sliding fee scale to ensure that nobody is turned away. This program offers counselling based on clients' needs. Skilled counsellors work with clients on issues as diverse as grief, self-esteem, healthy relationships, parenting, and coping.

The Performing Arts for Youth Program

believes in the basic philosophy that youth flourish in an atmosphere of acceptance, stability, and leadership. Participants learn the value of self-discipline, self-respect, social work, and teamwork. The season culminates in a full public drama production.

Youth Exposed to Violence

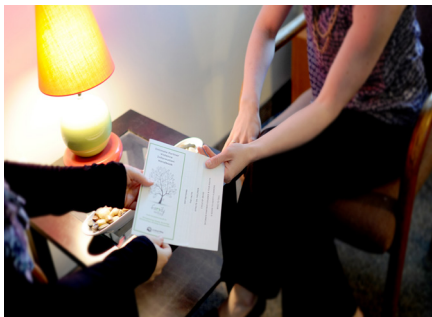
Family Service Saskatoon has taken this program to the classroom rather than having youth come to the office. Working in partnership with Nutana Collegiate and other schools, YETV engages youth in discussing topics such as addiction issues, mental health, types of violence, healthy relationships and self-esteem.

Family Life Enrichment

encompasses a wide variety of workshops and groups to enhance the lives of individuals and families. Groups offered vary throughout the year. This year groups offered including When Anger Gets in the Way of Your Parenting, Rebuilding: When Your Relationship Ends, and Merging Families.

Employee Assistance Program

provides contracted counselling services through a variety of employers. Employees within the program are able to access individual and family counselling, as well as a variety of wellness workshops in the workplace.



Planting Seeds and Sprouting New Ideas ...

It is the seeds we sow each day that are helping improve lives one family, one student, one employee at a time.



Engaging in Pet Therapy

Family Service Saskatoon has been making community connections and doing research into the feasibility of having some of its programs supported by pet-assisted activities.

Celebrating Diversity with Prairie Prism

Family Service Saskatoon has once again partnered with several community agencies throughout Saskatoon to plan the event. Prairie Prism is an event that will bring together newcomers, "oldcomers" and Indigenous people of Saskatoon. The event is set to take place on September 28th, 2014 to coincide with Cultural Days, which includes events across the country.

Growing a Green Office

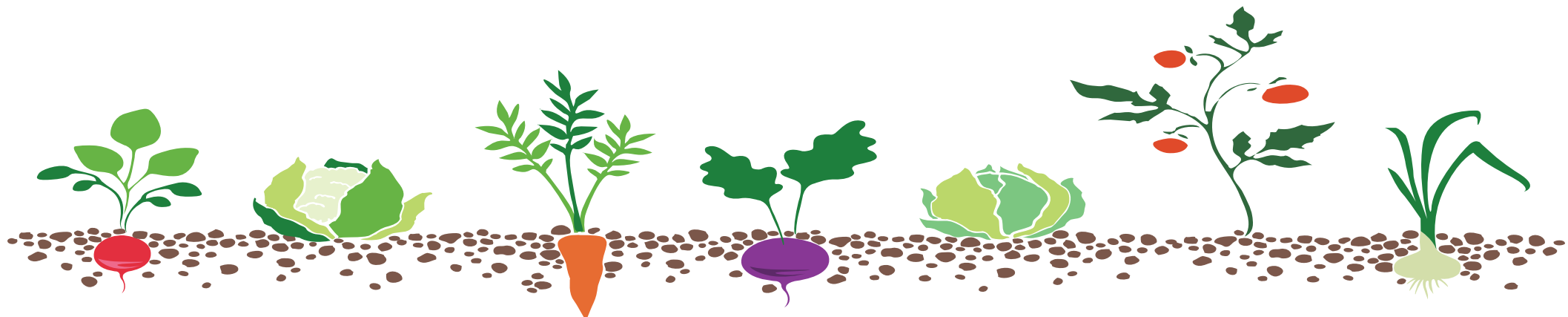
The Green-Team, a group of staff members worked on promoting environmentally-friendly initiatives within the organization. The committee educated and supported the agency on issues of recycling, composting, and various energy saving tips as well as planting a spring rooftop garden.

Encouraging Professional Development

Staff at Family Service Saskatoon continue to flourish. Staff participated in a variety of conferences, workshops and course work. Our staff is committed to being up-to-date and current on issues that pertain to their work.

Being a Part of the Community Service Village

Family Service Saskatoon Staff engage in activities within the village. In March, staff provided a lunch learn session on post-partum depression. A short film was shown and participants had time for discussion afterwards.





Growing Partnerships at Whitecap and Kawacatoose First Nations

Family Service Saskatoon was part of two unique opportunities to facilitate conversations surrounding parenting challenges and successes. Facilitators worked to empower parents to be the best they can be.

Supporting Individuals with Cancer

Family Service Saskatoon partnered with Hope Cancer Help Centre to offer CanCope, a weekly support group that allows people to share their cancer journey and story around their emotional, spiritual, family and medical experiences.

Expanding Childcare Services

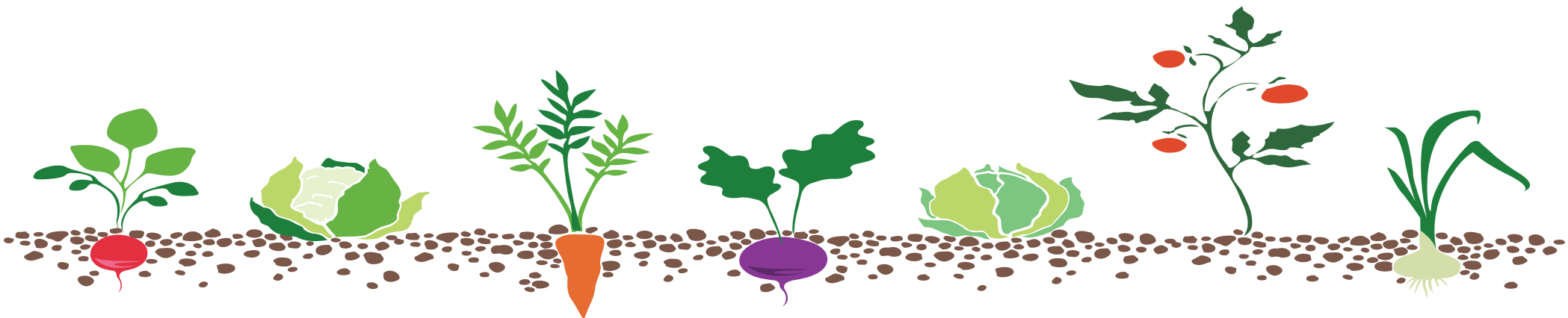
The childcare team, consisting of 13 contract staff, has provided exceptional childcare services to families accessing programs through Family Service Saskatoon and several partnering agencies. We have expanded the number of childcare hours and programs being served throughout the last year, providing services to different groups operated by 6 agencies and serving approximately 70 children per week.

Providing Parenting Support

Family Service Saskatoon Partnered with the Saskatoon Public School Board and Birth Rythms to offer P2P. Parent to Parent is an opportunity for parents of children of all ages to come together to express ideas and share concerns with other parents. Participants learn from one another and from the resources provided by the facilitators.

Supporting Individuals Who Have Separated or Divorced

Rebuilding: When Your Relationship Ends was offered for the first time this year. The Rebuilding Series is a ten-week co-educational support program designed to help people adjust to the ending of a love relationship.



Agency in Bloom...



Celebrating Community Within The Office

Staff at Family Service Saskatoon enjoy time with each other, often sharing food around the table in the large group room. This year saw the introduction of the First Annual Chili Cook-off, monthly "Last Friday" potluck lunches, a summer staff party and a Christmas in March Chinese feast.

Celebrating The Importance of Teaching Empathy at a Young Age

Family Service Saskatoon is proud to be the coordinator of the Roots of Empathy Program in Saskatoon. Roots of Empathy is a classroom-based program that strives to build caring, peaceful, and civil societies through the development of empathy in children and adults. Through a partnership with Saskatoon Public Schools, Greater Saskatoon Catholic School System and the Saskatoon Open Door Society, we are able to offer this program in six classrooms, reaching approximately 180 children.

Engaging Youth

Champions for Change: Bullying and Social Media. In honor of International Women's Day and with funding from the Government of Saskatchewan Status of Women's Office, Family Service Saskatoon, in partnership with International Women of Saskatoon and the Saskatchewan Intercultural Association, held a one-day workshop on March 11, 2014. 67 girls in Grade 7 and 8 from Saskatoon Public and Saskatoon Catholic Schools came together to collaborate and share on issues of bullying and social media through interactive activities and discussion.



Family Service Saskatoon is grateful for the support of Family Service Saskatoon Foundation. This year's events and initiatives have helped grow our programs and support our work.

Remembering David Popkin

Dr. David Popkin passed away at his residence in Saskatoon on January 7, 2014. He led an inspirational life and will be deeply missed by all who were fortunate enough to have had him in their lives. Family Service Saskatoon and the Family Service Saskatoon Foundation were so fortunate to have his dedication and support. In 2005, Dr. David Popkin was instrumental in establishing the Family Service Saskatoon Foundation and in 2008 he bestowed a substantial legacy gift to the Foundation. Dr. David Popkin served as president of Family Service Saskatoon Foundation and was a major contributor to the Midlife Madness fundraiser event. He will be remembered by the Foundation and agency for his contributions and his gifts will continue to help enhance programs and services at Family Service Saskatoon.

Performing Arts for Youth Campaign

The Performing Arts for Youth Student Sponsoring Program helped support 35 participants this year.

Hearts for Hope

The Hearts for Hope Rouge Ball fundraiser and gala was held on February 8th 2014. Guests were entertained by the performing arts group and The Stonefrigate Big Band.

Partnership of Women

This new initiative is working to engage and empower women in the community to support the work of Family Service Saskatoon. Donors designate their funds to specific programs at Family Service Saskatoon.



Celebrating Women

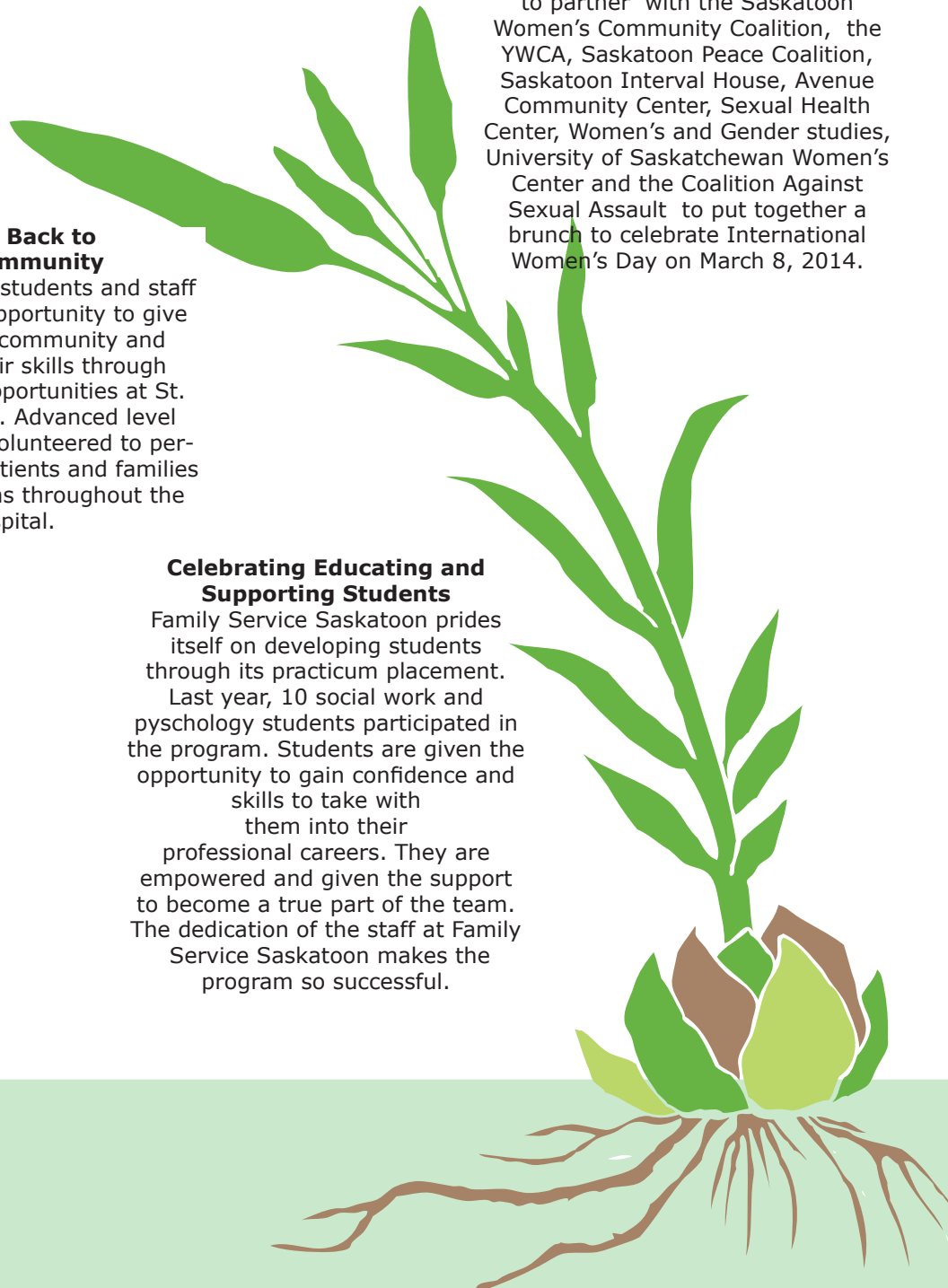
Family Service Saskatoon was proud to partner with the Saskatoon Women's Community Coalition, the YWCA, Saskatoon Peace Coalition, Saskatoon Interval House, Avenue Community Center, Sexual Health Center, Women's and Gender studies, University of Saskatchewan Women's Center and the Coalition Against Sexual Assault to put together a brunch to celebrate International Women's Day on March 8, 2014.

Giving Back to The Community

Performing Arts students and staff have had the opportunity to give back to their community and showcase their skills through volunteering opportunities at St. Paul's Hospital. Advanced level students have volunteered to perform skits for patients and families in waiting rooms throughout the hospital.

Celebrating Educating and Supporting Students

Family Service Saskatoon prides itself on developing students through its practicum placement. Last year, 10 social work and psychology students participated in the program. Students are given the opportunity to gain confidence and skills to take with them into their professional careers. They are empowered and given the support to become a true part of the team. The dedication of the staff at Family Service Saskatoon makes the program so successful.



Celebrating the Fruits of Our Labour...

Our work is bettering lives in the community, producing stronger individuals and stronger families.

“It is a nice feeling to know that someone is walking beside me and encouraging me to succeed, and if I get scared or fall, that’s ok too. I just get up and we keep going, slowly maybe, but we keep going.”

Teen and Young Parent client

“I value the work I do and believe that clients, co-workers and community benefit from that.”

Employee Assistance Program counsellor

“I have real life experiences that although I don't share with a client, they know and can feel in our conversations that I am aware of exactly what they are feeling, going through, fears, etc.”

Domestic Violence Court Caseworker

“The support worker program is making a real difference. One of our participants is a 12-year-old girl who has been in foster care all of her life. Her support worker has been there to help her through many transitions. She provided the one constant in her life; she is the friend she can count on in a world in which she has so little control.”

Coordinator of the Child and Youth Support Program

"Letting clients know that they matter and that their issue(s) matter is so important for change. Without planting seeds of hope and reassurance, clients cannot grow, let alone move forward."

Intake Counsellor

"The Drama program really changed my life around. I started using my voice, and can be honest with others and say how I feel. It's a wonderful program; it worked for me in ways I'm proud of."

Performing Arts student

"The programs at Family Service Saskatoon are gentle, sincere and most of all committed to helping those who seek to help themselves."

Intimate Partner Violence Outreach client

"I can now stand in her shoes and can feel what she feels."

Men's Narrative Program participant

"I am so proud of you, I am so proud of you."

Parent of Performing Arts Program student overheard at the year-end performance



Financial Statements

Family Service Saskatoon is committed to offering its clients the greatest possible variety and quality of programs and services. This goal is achieved through efficient operations, conservative administration costs and effective use of core funding and donor support

Revenue



Expenses



Complete audited financial statements available at www.familyservice.sk.ca

Donors, Sponsors and Funders

**A great big bouquet of thank yous to all of our partners, funders, donors and supporters.
Without your support we could not do the work we do.**



Funders

Canadian Association of Family
Resource Programs
Cameco Caring Communities Grant
City of Saskatoon
Community Initiatives Fund
Ministry of Social Services
Ministry of Justice Corrections and
Policing
Ministry of Justice and Attorney
General
Ministry of Health
Muttart Foundation
Saskatoon Community Foundation
United Way of Saskatoon & Area

Partners and Supporters

Bedford Road Collegiate
Blossoms Florist
Budget Rental Car
Calder Centre
Catholic Family Services
City Park Collegiate
E.D. Feehan Collegiate
Exposure Photography
Fetal Alcohol Syndrome Inter-Agency
Network
Global Gathering Place
Hope Cancer Help Centre
Imagine Canada
Indo Canada Association
International Women of Saskatoon

Mount Royal Collegiate
Newcomer Information Centre
Nutana Collegiate
Persephone Theatre
Pleasant Hill Community School
READ Saskatoon
Restorative Circles Initiative
Rooted in Christ –
Diocese of Saskatoon
Roots of Empathy
Sask Native Theatre Company
Saskatchewan Intercultural
Association
Saskatoon Boys and Girls Clubs
Saskatoon Community Service Village
Saskatoon Council on Aging

Saskatoon Domestic Violence Court
Saskatoon Open Door Society
Saskatoon Refugee Coalition
Saskatoon Schizophrenia Society
Saskatoon Women's Community
Coalition
St. John Anglican Church
Subway Restaurants
University of Regina
Vanier Institute for the Family
Violence Against Women Interagency
Council
W.P. Bate Community School
Westside Community Clinic



Strengthening People, Nurturing Relationships, Building Communities
A United Way funded Agency

102-506 25th Street East
Saskatoon, SK S7K 4A7
p. 306 244 0127 f. 306 244 1201