

OUR SERVICES

- Rapid Access Counselling
- Counselling for individuals, couples, families and groups
- Employee and Family Assistance Programs – for employees and families of contracted organizations
- Teen and Young Parent Program
- Intimate Partner Violence Outreach
- Domestic Violence Court Case Workers
- Youth Exposed to Violence Program
- Child & Youth Support Workers
- 52° North—Promoting Youth Resilience
- Presentations and Workshops available

REGISTRATION POLICY

- Registration deadline is two weeks prior to program start date.
- Full payment of program fee is required before program begins.
- Family Service Saskatoon reserves the right to cancel or postpone programs if there are insufficient registrations.
- Full refund will be given if program is cancelled or postponed. Twenty dollars (\$20.00) of the registration fee will be retained if participant cancels less than one week prior to program start date.

To register for any of our programs, call
Family Service Saskatoon at
306-244-0127



MEMBER AGENCY OF:

Family Service Saskatchewan
Family Service Canada
Family Service Employee Assistance Program
Founding Partner of the Saskatoon Community Service Village



Contact us at:

Family Service Saskatoon
#102, 506—25th Street East
Saskatoon SK S7K 4A7
Ph: 306 244-0127
Fax: 306 244-1201
Email: info@familyservice.sk.ca
Website: www.familyservice.sk.ca

Free parking is available in the YWCA parking lot. Please register your vehicle at the YWCA front desk.



**SPRING AND
SUMMER
PROGRAMS
2021**

*Strengthening People, Nurturing
Relationships, Building Communities*

Accredited by
Canadian Centre
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de l'agrément



Intimate Partner Violence Outreach Program

This program offers support through short-term crisis intervention and counselling to individuals who are experiencing violence in their intimate partner relationships. Virtual support groups.

No Fee.

Women's Intimate Partner Violence (IPV) Drop-In Group **

This drop-in style virtual group provides a space for women who have experienced IPV to learn and support one another through sharing and discussion.

Tuesdays 6:00pm-7:30pm

Thursdays 1:00 – 2:30pm

No Fee

Pre-registration required the morning of each session at (306) 244-0127

Invisible Scars: Exploring Emotional, Verbal, and Psychological Abuse **

This 8-week group explores the impact of emotional, psychological, and verbal abuse on women's lives. Provides support in healing the "invisible scars". Closed virtual group.

No fee.

On-going registration.

**** Denotes group delivered virtually via Zoom**

Abuse and Beyond **

This 8-week virtual group provides women the opportunity to consider the impact of abuse in their lives and move toward healthy and positive relationships. Closed group. Registration required.

Mondays 1–3:00pm

April 12th - June 7th

No fee

Pre-registration required

Rapid Access Counselling

Single session—NO COST!

Various locations around the greater Saskatoon area, as well as Zoom and phone options.

Sessions can be booked online at

www.counsellingconnectsask.ca

or call our office at 306 244-0127.

Men's Working Group for Respectful Relationships

This group is for men who want to end their intimate partner violence and build respectful relationships. The program offers 33 hours of therapeutic group work and meets every other Saturday over a nine-week period. Pre-registration required.

Ongoing registration; Fee: \$1,500.00 includes group registration and two pre-group interviews.

Check out our website or social media for updated summer programming.

Gympowerment (Ages 12—18)

This eight-week group supports youth who may have experienced challenges with bullying, cyberbullying or other types of violence. Topics will explore strengthening well-being and resilience through awareness, movement, belonging and connection. Light supper provided. Transportation can be provided.

Mondays 4:45 – 5:45pm at the YWCA Gym

Followed by a Zoom session 6:30 to 7:30

Apr. 26 to June 24

No Fee Pre-registration required

DIY—Do It For Yourself (Ages 12—24) **

This six-week group will provide a space for youth to share their voices, have safe discussions and make a DIY crafting activity. Topics about healthy relationships, boundary setting, dating violence, gender and sexuality, informed consent, communication skills, and more. Pre-registration is required.

Wednesdays 4:30 – 6 pm

Apr. 28 to June 2

No Fee Pre-registration required

Parenting Education Saskatchewan

This resource links parenting services across the province and provides support and information to those facilitating or organizing parent support or education services.

<http://parentingeducationsaskatchewan.com/>