

family service SASKATOON



Family Service Saskatoon
Group Programs for Youth, Adults and Families.

Parenting Programs

- Attach Parenting
- When Anger Gets in the Way of Parenting

Programs for Youth

- Managing Anxiety & Depression for Teens
- Gypowerment
- Become Your Own Ally

Mental Wellness & Resiliency

- What's Anger Got to Do with It
- Abuse & Beyond

Intimate Partner Violence

- IPV Drop-in Group
- Men's Working Group for Respectful Relationships

Family Service Saskatoon provides groups group programming designed to enhance the lives of individuals and families. We offer both drop-in groups and registered groups with registration closing 2-weeks prior to start date. The groups are provided free of charge or for a nominal fee. Check the program guide for more information on fees and program dates. [Click Here](#) for the program guide.



Contact Faith for more information or to join the team!

Phone: 306-244-0127 ext 223

faith.rowland@familyservice.sk.ca

FSS is inviting potential volunteers to come join our Special Events Committee. The committee will be planning 3 exciting and varied events this year:

- Fall On-line Auction & Family Game Night - November 9, 2023
- Family Service Saskatoon Radio-thon
- Trucktastic! Children's Expo

Join the fun and be part of these great events that help build a stronger, healthier community!



Trucktastic! Children's Expo

This year's Trucktastic! was another overwhelming success thanks to our dedicated group of corporate partners, sponsors, and volunteers. This year, we had 40 participating companies showcasing more than 60 pieces of unique, heavy equipment and recreational vehicles. Close to 4000 people attended the one-day event. Proceeds from Trucktastic! provides much need funds to support the ongoing work of Family Service Saskatoon, particularly programs and services for parents and families. Thank you to everyone that helped to make this special day.



Trucktastic! Children's Expo

Proudly Sponsored by:

Media Sponsor		Trucktastic! Champions	
		 	
Trucktastic Allies			
			
Friends of Trucktastic			
			

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Fall 50/50 Raffle

Don't miss your chance to be the lucky winner of up to \$2,500 with this year's 50/50 Raffle. The draw will take place at our November 9th Family Fun event. Watch for details of the event coming your way soon.

In the meantime get your 50/50 tickets [HERE!](#)



Strengthening People

Nurturing Relationships

Building Communities

Meet Our Team

Emily



Emily joined the counselling team at Family Service Saskatoon this fall. She was with us as a practicum student in 2022 and we couldn't be happier to welcome her back to the team! She will be providing Rapid Access Counselling (RAC) services to the communities of Martensville and Warman.

RAC provides single-session walk-in counselling at no charge for individuals, couples, and families. The main goal of rapid access counselling is to help address the immediate needs of the client through brief solution-focused support. Inhouse clinics were offered at various locations throughout Saskatoon and surrounding communities.

"I was born and raised in North East Saskatchewan, on Treaty 6 Territory and the Homeland of the Metis. I completed my major practicum for my BSW at Family Service Saskatoon in 2022. I am excited to return to the agency as a Counsellor. I began my social work career not knowing exactly what I wanted to do, I just knew that I wanted to help people. Throughout my personal and professional life, I strive to learn something from everyone I meet. Everyone has moments in their life when they need more support, and I am privileged to walk along side community members on their journey. Family Service Saskatoon gives me the opportunity to learn and grow professionally while doing work that I love"



To book Rapid Access Counselling with Emily, or another of our skilled RAC Counsellors, [click here!](#)



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Meet Our Students



Aurora

Aurora is a Social Work Student from the University of Regina. She will be part of the IPV team during her practicum.



Curizma

Curizma is a Social Work Student from the University of Regina. She will be working in the Teen Young Parent Program during her practicum.



Kiana

Kiana joins us from the Yorkville University Counselling program. She will be working with the FSS counselling team during her practicum.

"I am honoured to be interning at Family Service Saskatoon, everyone has been so supportive and welcoming. Being a part of a community organization is amazing and I am so excited to continue my journey here!"

Kiana



Follow us for more updates



Our mailing address is:

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