

PARENTING

Adoption Support Centre of Saskatchewan Inc. (ASCS)

(306) 665-7272 Fax (306) 665-7274

1(866) 869-2727

www.adoptionsask.org

527 Main St. Unit 1A Saskatoon, SK S7N 0C2

ASCS provides information, support and referrals to expectant parents inquiring about pregnancy options, birth parents and adoptees needing search information, prospective and adoptive parents considering domestic, private or inter-country adoption.

Big Brothers Big Sisters Association of Saskatoon

(306) 244-8197 Fax (306) 244-4171

www.bbbssaskatoon.org 182 Wall Street S7K 1N4

“Every Child Who Needs a Mentor Will Have One.”

Catholic Family Services (CFS)

(306) 244-7773

www.cfssaskatoon.sk.ca

200-506 25th Street East S7K 4A7

CFS is open to everyone in the community, offering a wide range of services, including individual, couple, and family counselling, family education and wellness programs, a Building Healthy Families series, community programs, workshops, seminars, professional training, marriage preparation, teen parent program and early childhood centers. Employee and Family Assistance Programming is also available.

Christian Counselling Services

(306) 244-9890

www.saskatoonccs.com

617 3rd Avenue North S7K 2J8

Counselling available for marriage, family, individual, addictions, stress, abuse, depression, parenting, co- dependency, women's & senior's issues and grief.

Cloth for Kids

(306) 384-0950 / (306) 244-5989

808 20th Street West S7M 0Y3 Volunteers sew donated fabric into clothes for newborn to 14 years old. Items are donated freely through professionals working in the field.

Crisis Nursery

(306) 242-2433

1020 Victoria Avenue S7N 0Z8

The crisis nursery can provide help and comfort for any family experiencing a form of crisis. They are open 24/7, 365 days a year. Parents are able to bring their children to the crisis nursery for a couple of days while they focus their energy on resolving the crisis or emergency at hand. They also offer a 24 hour crisis line and referrals to other agencies and services that can help with resolving the crisis.

CUMFI Outreach

(306) 975-9999

www.cumfi.org

Outreach, after care, and in-home supports for families that have graduated from CUMFI's fostering families program. Program supports families to parent children safely.

Early Childhood Intervention Program (ECIP)

(306) 657-3247 Fax (306) 249-3247

www.ecip.ca

Suite 10-2302 Hanselman Avenue

S7L 5Z3

A province-wide network of home and community based services provided to families with children from birth to school-age who experience or are at risk for developmental

delays. The goal of the program is to help children,

who experience delays in reaching age appropriate developmental milestones, reach their best potential. The program also assists families in becoming better informed and connected to their

natural supports and to the service system. Services include: home visits, resource materials, parent support groups, parent education opportunities and support with transitions into school and other centre-based programs and services.

LiveWell Clinical Health Psychology – Early Childhood Psychologist

(306) 655-2341

Room 223, Ellis Hall

Royal University Hospital S7N 0W8

Early Childhood Psychology services. The early childhood psychologist is trained to help children from birth to 5 years of age who are developmentally above or below average or who have common behavioral and developmental problems. Anyone from the Saskatoon Health Authority public can call and make a referral, including the parents.

Early Years and Child Care – Saskatchewan Government

<https://www.saskatchewan.ca/residents/family-and-social-support/childcare>

Family Service Saskatoon

(306) 244-0127 Fax (306) 244-1201

www.familyservice.sk.ca

102 506 25th Street East S7K 4A7

Offers individual, couple, child and family counselling to the community. Special programming: Teen and Young Parents, Youth Exposed to Violence, Abuse and Beyond for women, Invisible Scars for women, educational and therapy groups addressing perceived community needs. Variable fee for services.

Food for Thought – Saskatoon Health Authority Public Health Services

(306) 655-4826

www.saskatoonhealthregion.ca

3311 Fairlight Drive North S7N 3Y5

Food for Thought is a prenatal support program that assists pregnant women and their children to achieve improved health and wellness. With a focus on cooking low-cost nutritious food, women come together and have an opportunity to share ideas, make friends, and talk about their lives. The food that is cooked is sent home with the participants to be shared with their families. A participant-driven discussion on pregnancy related topics follows each cooking session. The program is facilitated by an interdisciplinary team consisting of a social worker, nutritionist, and program assistant. Peer leaders assist in the delivery of the program.

KidsFirst

<https://www.saskatchewan.ca/residents/family-and-social-support/child-care/kidsfirst>
Saskatoon (306) 655-3301

A free voluntary program that helps families effectively nurture and support their children to be safe, secure, happy and healthy. Parents and their children under 5 years of age, as well as pregnant women, are eligible.

Millie's Early Learning Centre

(306) 683-8354

411 11th Street East S7N 0E9

Childcare for infants and toddlers of students who attend Nutana Collegiate.

Mount Royal Infant Day-Care Centre

(306) 683-7800

410 Avenue T N, Saskatoon, SK S7L 3B4

Quality childcare provided for student parents who are attending Mount Royal Collegiate. A variety of parent programs are offered through the centre.

Parent Aide Program

(306) 974-3171

www.parentaide.ca

502 Avenue L South S7M 2H4

Our mission is to maintain the family unit and the well-being of children. It is also to enhance family wellness and to ease reunification between children in care and their families.

Parenting Education Saskatchewan

(306) 244-0127 Fax (306) 244-1201

www.parenteducationsask.ca 306-506 25th Street East S7K 4A7

A project supporting parent educators throughout the province through resources, conferences and networking. A project of Family Service Saskatoon.

Royal West Early Learning Centre

(306) 683-8390

441 Witney Avenue North S7L 3M6

We are a community based program that welcomes all children and families. The centre has 50 spaces reserved for young parents attending high school courses. To be eligible for the teen spaces, parents must be under 22 years of age on the first day of the term and attending a high school level program. Priority is given to students attending Royal West

Campus or Mount Royal Collegiate. Everyone is eligible to apply for the community spaces that are available at Royal West Early Learning Centre.

Saskatchewan Aboriginal Literacy Network

(306) 934-2632 Fax (306) 934-2633

www.aboriginal.sk.literacy.ca 1017B 22nd Street West Aboriginal literacy (First Nations and Metis) is a learner centered

approach to life-long learning that honours the inter-connectedness of all aspects of creation for growth, personal empowerment, community development and self determination.

Aboriginal literacy encompasses first languages, elder involvement, culture and community in a holistic development approach to unify mind, heart, body and spirit.

Saskatchewan Foster Family Association, Inc.

(306) 975-1580

Toll Free 1 (888) 276-2880

www.sffa.sk.ca

233 4th Avenue South S7K 1N1

Exists to improve the quality of life for children and youth in care by assisting in the development of healthy foster families. The provincial Association provides education and support services to foster families, promotes greater understanding in the community of fostering and ensures proper process is followed should foster families encounter quality of care issues or come under investigation.

Saskatchewan Advocate for Children and Youth (SACY) (306) 933-6700 Fax (306) 933-8406 1-800-322-7221

www.saskadvocate.ca

500-350 3rd Ave. N Saskatoon, SK

S7K 6G7

Promotes the interests of, and acts as a voice for children who have concerns about provincial government services. The SACY engages in public education, works to resolve disputes and conducts independent investigations. The SACY also recommends improvements of programs for children to the government and/or the Legislative Assembly. Anyone can contact the SACY if they have a concern about a child or group of children receiving services from a provincial department or agency