

Women's IPV Weekly Group - Fall 2021 - Topics		
Date	Time	Topic
Tues, September 14	6-7:30	DV Explored
Thurs, September 16	2:30-4	DV Explored
Tues, September 21	6-7:30	Gender Socialization
Thurs. September 23	2:30-4	Gender Socialization
Tues, September 28	6-7:30	Red Flags
Thurs, September 30	2:30-4	Red Flags
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Tues, October 5	6-7:30	Boundaries in Relationships
Thurs, October 7	2:30-4	Boundaries in Relationships
Tues, October 12	6-7:30	Healthy/Unhealthy Relationships
Thur, October 14	2:30-4	Healthy/Unhealthy Relationships
Tue, October 19	6-7:30	Mental Health and Coping Skills
Thu, October 21	2:30-4	Mental Health and Coping Skills
Tues, October 28	6-7:30	Trauma and the Brain
Thu, October 28	2:30-4	Trauma and the Brain
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Tues. Nov 2	6-7:30	Traumatic bonding
Thur, Nov 4	2:30-4	Traumatic bonding
Tues, Nov 9	6-7:30	Impact of IPV on children
Thu, Nov 11	No Group	STAT
Tues, Nov 16	6-7:30	Shame and Guilt
Thu, Nov 18	2:30-4	Shame and Guilt
Tues Nov 23	6-7:30	Core Beliefs/Self-Esteem
Thu, Nov 25	2:30-4	Core Beliefs/ Self-Esteem
Tue, Nov 30	6-7:30	Self-Discovery
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Thu, Dec 2	2:30-4	Self-Discovery
Tue, Dec 7	6-7:30	Grief
Thu, Dec 9	2:30-4	Grief
Tue, Dec 14	6-7:30	Anger/Conflict
Thu, Dec 16	2:30-4	Anger/Conflict
Tue, Dec 21	6-7:30	IPV and Technology