## BEREAVEMENT

#### Suicide Grief Support Saskatoon

(306) 249-5666
W.A Edwards Family Centre
333 4th Avenue North S7K 2L7
https://m.facebook.com/suicidegriefsaskatoon/
Provides support to those who have lost a loved one to suicise. One monthly group (drop-in), other is a closed group that meets on a weekly basis.

### Caregiver Counselling

Community Services Social Workers (306) 655-3400 Idylwyld Heath Centre 103 – 310 Idylwyld Drive North S7L 0Z2 Provides Individual counselling, caregiver support group and bereavement support group.

#### Camp Circle O' Friends

(306) 374-2802Canadian Cancer Society Saskatchewan Divisioncampcircleoffriends.comSupport group offering a 4 day camp for children with cancer and their siblings.Bereaved siblings may also attend. Ages 6-18.

## Catholic Family Services (CFS)

(306) 244-7773 www.cfssaskatoon.sk.ca

200-506 25th Street East S7K 4A7

CFS is open to everyone in the community, offering a wide range of services, including individual, couple, and family counselling, family education and wellness programs, a Building Healthy Families series, community programs, workshops, seminars, professional training, marriage preparation, teen parent program and early childhood centres.

Employee and Family Assistance

Programming is also available. No fee counselling is also available at the Saskatoon Food Bank.

Christian Counselling Services (306) 244-9890 www.saskatoonccs.com 617 3rd Avenue North S7K 2J8 Counselling available for marriage, family, individual, addictions, stress, abuse, depression, parenting, co- dependency, women's & senior's issues and grief.

### Compassionate Friends- Saskatoon Chapter

(306) 374-8862W A Edwards Centre333 4th Avenue North S7K 2L8www.tcfsaskatoon.wordpress.comA self-help bereavement group meets on the last Tuesday of every month throughout the year. This group is for parents who have experienced the loss of a child at any age.

### Family Service Saskatoon

(306) 244-0127 Fax (306) 244-1201

www.familyservice.sk.ca

102-506 25th Street East S7K 4A7

Offers individual, couple, child and family counselling to the community. Special programming: Teen and young parents, youth exposed to violence, abuse and beyond for women, volunteer programs for youth at risk, educational and therapy groups addressing perceived community needs. Variable fee for services.

## MADD Canada (Mothers Against Drunk Driving)-

Saskatoon maddsaskatoon@gmail.com 1-800-665-6233 https://maddchapters.ca/saskatoon/ For information on drinking and driving related matters. The national number can put you in touch with a local chapter. MADD Canada's mission: to stop impaired driving and to support victims of this violent crime.

# Palliative Care Saskatoon Health Region- Saskatchewan Health Authority

https://www.saskatoonhealthregion.ca/locations\_services/Services/PalliativeCare/Pages/Hom e.aspx

• a 12 bed Palliative Care Unit at St. Paul's Hospital

• consultation teams at Royal University Hospital, Saskatoon City Hospital and St. Paul's Hospital

• palliative consultation for long term care facilities in the Region

• palliative care beds in Humboldt, Lanigan, Nokomis, Rosthern, Wadena, Wakaw, Watrous, and Wynyard

• a palliative care volunteer program and bereavement support services Grief counselling for individuals and families whose loved one was previously referred for Palliative Care follow-up in hospital.

## Public Legal Education Association of Saskatchewan (PLEA)

(306) 653-1868 Fax (306) 653-1869www.plea.org500-333 25th Street East S7K 0L4PLEA is a non-profit, non- government organization which exists to educate, inform and empower through law related education.

## Saskatoon Cancer Centre

(306) 665-2662 Fax (306) 655-2910www.saskcancer.ca20 Campus Drive S7N 4H4Offers both individual and family counselling services for childrenwith cancer. They hold social gatherings for peer support and provide a school re-entry program. As well, they promote community education.

## Saskatoon Community Contacts for the Widowed

St. Martin's Church
2617 – Clarence Avenue South
Phone 306-242-5618
A peer-led support group for widowed persons. This self-help organization
provides guidance, encouragement, support and social activity in a friendly and non-denominational environment.

## Mental Health and Addictions Services- Saskatoon: Adult, Child, Youth

Centralized Intake (306) 655-7777 Suite 156, 122 3rd Avenue North S7K 2H6 Provides individual, family and group counselling and therapy with psychiatrists, social workers, nurses and psychologists. Individuals may self-refer for counselling services.

A doctor's referral to psychiatry is requested. Coverage for service is provided through Saskatchewan Health and there is no direct charge to clients.

## Saskatoon Tribal Council – Urban Services

Creative Healing for Urban Members (CHUMS)

(306) 659-2500 Fax (306) 659-2155

www.sktc.sk.ca

2010 7th Street S7H 5K6

The Creative Healing for Urban Members (CHUMS) programs work to increase opportunities to

strengthen individuals, and families, to empower them to improve the quality of their personal and family life. Our principles incorporate values that are common across many Aboriginal cultures as core concepts in its programming.

## Saskatoon Tribal Council – Urban Services Providers of Aboriginal Life Supports (PALS)

(306) 659-2500 Fax (306) 659-2155

www.sktc.sk.ca

2010 7th Street S7H 5K6 ProvidersofAboriginalLifeSupports (PALS), includes a range of familycentered strategies, including in home visitation, advocating for improved conditions for

families, stabilizing those in crisis, reunifying those who are separated, building new families, and connecting families to the resources that will sustain them in the future. Our goal is to support at risk families avoid apprehension of their children.

## St. Paul's Hospital Bereavement Follow

-Inter-denominational memorial services for relatives and friends of those who have passed away.

-Memorial gatherings are followed by coffee and conversation.

St. Paul's 306- 655-5000 ask operator to page Spiritual Care

Royal University 306-655-1249

**Saskatoon City** 306-655-8250 **Rural** – Call your local hospital or health centre

#### Edwards Family Centre/ Saskatoon Funeral Home

(306) 244-5577 www.saskatoonfuneralhome.com 333 4th Avenue North S7K 2L7 The Centre is a community support service of Saskatoon Funeral Home offering a continuing care program, grief and resources lending library, grief groups, programs and events, and the Saskatoon bereavement support resource director

### **Grief Support:**

## **Community Services Social Workers**

Idylwyld Health Centre 103 – 310 Idylwyld Drive North Telephone: 306-655-3400

## **Royal University Hospital**

Main Social Work Office Room 1619 Main Floor, A Wing Telephone: 306-655-2579

## St. Paul's Hospital

Main Social Work Office Main Floor, B Wing Telephone: 306-655-5877

## Saskatoon City Hospital

Main Social Work Office Level One Telephone: 306-655-829 or 306-655-8785